

# Art, Craft & Activity Sessions

NEXT WORKSHOP: Lino Printing, to be led by Drawn to the Valley artists

For anyone who is socially isolated or lonely, who may be suffering from anxiety or depression or other MH issues, or who is a carer and needs a bit of TLC.

Sessions are free, but donations for refreshments will be welcomed, please bring your own lunch.  
Fully accessible for wheelchair users.



St Dominick Parish Hall, St Dominick, PL12 6TD

Tuesday 28th September

11:00AM - 2:30PM

For further info, please call: 01579 384 798

Or email: [sue@battling-on.com](mailto:sue@battling-on.com)

